

2021-2022

ANNUAL REPORT



GIPPSLAND
SPORTS
ACADEMY



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CONTENTS

1	TABLE OF CONTENTS	10-11	MORWELL BOWLING CLUB SWIMMING PROGRAM
2	GIPPSLAND SPORTS ACADEMY SPONSORS	12-13	TENNIS VICTORIA TENNIS PROGRAM
3	ACADEMY BOARD OF MANAGEMENT 2021-2022 & ACADEMY CONSULTANTS	14-15	VOLLEYBALL PROGRAM
4	VISION, MISSION & ABOUT US	16-17	THE DOC SHOP 'DARE TO DEVELOP A DIAMOND' NETBALL PROGRAM
5	CHAIRPERSON'S REPORT	18-19	CLAY TARGET SHOOTING PROGRAM
6	EXECUTIVE OFFICER'S REPORT	20-21	VRAS PARA-SPORT PROJECT
7	ACADEMY PATRON & AMBASSADORS	22-24	GIPPSTAR AWARDS & PHOTOS
8	HONOUR ROLL OF ANNUAL ACADEMY AWARD WINNERS	25	2021 - 22 FINANCIAL REPORTS
9	PHOTOS - AWARDS NIGHT		

VALUED SPONSORS OF THE GSA

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Education
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GIPPSLAND**

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PROGRAM PARTNERS



ACADEMY SPONSOR



SWIMMING PROGRAM



NETBALL PROGRAM



TENNIS PROGRAM



CLAY TARGET SHOOTING PROGRAM



STRENGTH & CONDITIONING PROGRAM



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PROFILE

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Finance Sub Committee
Clay Target Shooting Advisory Panel Representative

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Head of Sport, St Pauls Grammar School, Traralgon
Netball Advisory Panel Representative
Programs Subcommittee

Darrell White
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Tennis Advisory Panel Representative
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Secretary Victorian Volleyball Development Foundation
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Programs Subcommittee

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Harness Racing Industry Volunteer
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ASSOCIATION

CONSULTANT

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Rob Stephenson
Claire Issell

Latrobe Valley Physiotherapy
Latrobe Valley Physiotherapy

Nutrition

Lauren Nicholls
Emily Orchard

Hex Health
Hex Health

Psychology

Christopher Shen

Christopher Shen Consulting

Strength and Conditioning

Sam Fenton
Trent Morrow

Control High Performance
Control High Performance

Finance

John Barclay
Linda Gell

Pakenham Taxation & Accounting
Elite Bookkeeping Services

VISION

AN INVESTMENT IN EXCELLENCE

Our vision for the Gippsland Sports Academy is that of excellence:

- *Aspiring Gippsland athletes will be exposed to expert technical coaching and personal development sessions allowing them to be their best in their chosen sport and life.*

MISSION

The Gippsland Sports Academy (GSA) will provide the opportunity for talented Gippsland athletes based in Gippsland to reach their potential in their chosen sport and personal life.

ABOUT US

The Gippsland Sports Academy was established in 1997 and is a community-based organisation providing developmental opportunities for talented Gippsland athletes within their own region. The Gippsland Sports Academy covers the full extent of Gippsland, from the south-eastern fringe of Melbourne through to the New South Wales border, including the mountain communities of the Great Dividing Range, and the diverse areas of South Gippsland.

The Gippsland Sports Academy provided services to over 180 athletes in 2021/22. The athletes assisted included many now on the fringe of international recognition and numerous athletes who represented Victoria and Australia.

The Gippsland sporting community relies heavily on the Gippsland Sports Academy to help break down the obstacles and disadvantages for local athletes such as travel, lack of expert coaching and development programs. The Gippsland community is extremely passionate about sport and the region has an immense nursery of natural talent.

WHAT DO WE OFFER?

- *A pathway for Gippsland athletes in a local environment, to State & National level in consultation with the State Sporting Associations, Sport & Recreation Victoria and the Victorian Institute of Sport*
- *Exposure to expert coaches*
- *Fitness and skill development*
- *Sport science programs covering, strength & conditioning, psychology, nutrition & hydration, goal setting, time management and injury management.*
- *Work with other Victorian Regional Academies, State and Local Government, State and National Sporting Associations and organisations regarded as leaders in the sports industry.*
- *Integration of people with disabilities or disadvantages.*
- *Evaluate programs on an ongoing basis to ensure relevance to Academy aims and objectives are not only maintained but improved.*
- *Provide resources through sponsorship, grant and donations to promote excellence among talented sports people at an affordable price.*

CHAIRPERSONS REPORT

On behalf of the Board, it gives me great pleasure to present the 2021/22 Annual Report. This past year has again presented challenges with the staged approach toward coming out of COVID related restrictions. I complement the GSA staff, coaches and support staff for the commitment they have shown in delivering quality programs across all of the sports.

I would like to acknowledge sponsors that have remained supportive and loyal to their commitments and to that end a huge thankyou to the Morwell Bowling Club (Swimming) and The DocShop (Netball) for their on-going support. I would also like to acknowledge the generous support from the state sporting and regional associations in the swimming, netball, tennis and clay target shooting programs. I would also like to welcome new sponsors Cranes Civil & Surfacing (Clay Target Shooting) and Professional Money Management (Strength & Conditioning). During the 2021/22 year the GSA was able to have five of the sports program's athletes complete all components of the program and graduate in May 2022. Those sports were Tennis, Clay Target Shooting, Swimming, Volleyball, Netball and there were four athlete's that completed the VRAS Para-Sport project and 1 athlete who completed the GSA individual scholarship program, congratulations to all those athletes.

I would like to acknowledge the efforts of both the GSA staff and members of the Board. To the staff, Executive Officer Anita Pistrin and Finance Administrator Tanya Veenman thank you for your outstanding efforts in making the past year as good an experience as possible for all our athletes. To our volunteer Board Directors (Darrell White, Jeni Hardy, Jenni Lewis, Howard Williams, Tania Ryan and Sandra Timmer-Arends) who give of their time freely and have all contributed to the success of the GSA over a number of years thankyou to you all. I wish to acknowledge Shane Paynter for the 9 years of service to the GSA Board and wish him all the best for the future.

As mentioned earlier the annual Awards evening was held in May and I wish to congratulate all graduating athletes and acknowledge the main award winners. Those are:

Tim Forsyth: Chelsea Beechey (Clay Target Shooting)

David Drane: Alexander Luders (Tennis)

Phil Shelley: Judy Buhagiar (Netball)

Darrell White: Mackenna Whiteside (Netball)

Rising Star Award: Chelsea Beechey (Clay Target Shooting)

Well done to you all.

We also had the presentation of the annual Gippstar Awards at the Morwell Bowling Club on the 29th September and I congratulate all of the nominees throughout the year and a special congratulations to all award winners on the night. I also wish to acknowledge the work of voting panel Chairperson Darrell White and the dedication of the members of the voting panel.

The Board also acknowledges and appreciates the support of the six Gippsland Councils, Bass Coast, South Gippsland, Baw Baw, East Gippsland, Wellington and Latrobe City whose continued involvement maintains a whole of Gippsland approach which is very important. We would also like to thank the State Government for its commitment to Regional Sports Academies through Sport and Rec Victoria. We work closely with the Victorian Institute of Sport (VIS) and the other five Victorian Academy's (VRAS) to deliver consistent, high quality programs across the State.

Finally, thank you to all GSA program coaches, sports science consultants, parents, volunteers and all others connected in some way to the success of each and every program and the on-going success of the Gippsland Sports Academy.

Jim Vivian

EXECUTIVE OFFICER'S REPORT

I am pleased to say that this year we have been able to provide our Gippsland athletes with strong programs after 2 years of constant interruptions, changes and amendments to our programs. We were fortunate to see many athletes return to their sports and our athlete numbers have once again reached over 160 athletes across our 5 main programs of Clay Target Shooting, Netball, Swimming, Tennis & Volleyball. We also continued our partnership with Para-Australia and accepted further athletes into our VRAS Para-sport project

All our athletes were invited back to our Athlete Career Education (ACE) day, which had 3 presenters in Nutrition, Injury Management & Strength & Conditioning. We have had 4 sessions via zoom to all our athletes in sport psychology and Netball and Swimming were provided with specialist education sessions provided by Netball Victoria and Swimming Victoria respectively. We are also very pleased that our Strength & Conditioning services are now provided in 5 LGA's across Gippsland, to better service our athletes in their regional areas. I would like to thank Lauren Nicholls from Hex Health, Christopher Shen from Christopher Shen Consulting, Trent Morrow and Sam Fenton of Control High Performance for their ongoing support to the GSA and our athletes

In May we celebrated the achievements of our athletes at the annual awards evening held at the Italian Australian Club in Morwell. The GSA was thrilled to welcome academy Ambassador's Tim Matthews and Don Elgin to the evening and were honoured to have Don as our Guest speaker for the evening, who entertained the audience.

It is always pleasing to see the results of our athletes who strive to achieve in the chosen sports. Some of our highlights this year are the results by past GSA athletes Emily Beecroft and Ruby Storm who both competed at the Olympics in Tokyo last year. Also noteworthy is Lucas Furlan who competed and world Gold as part of the Australia Junior Universal Trench Team at the World Championships. Every year we have athletes who compete at National, State and Regional Championships for their sport and come away with high results. The GSA is very grateful that we can be a part of the journey for these athletes. We must recognise and sincerely thank all the GSA coaches who have assisted in the success of our athletes and the sporting programs.

I would like to thank the Board for their ongoing support of the work that we do and the continued work they do in good governance to ensure the GSA maintains its high values. Thank you to Tanya our Finance/Administration officer for her hard work and commitment to the GSA

I thank our long-standing sponsors Victorian State Government, VIS, TAFE Gippsland, Bass Coast, East Gippsland, Baw Baw, Wellington & South Gippsland Shire Councils along with Latrobe City Council. Also, we are grateful for the continued support of Morwell Bowling Club (Swimming), Gippsland Swimming, Swimming Victoria, Tennis Victoria, Victorian Clay Target Association (Clay Target Shooting), Netball Victoria, The DocShop (Netball) and Energy Australia. We also welcome our new sponsors Professional Money Management for their contribution to our Strength & Conditioning program and Cranes Civil and Surfacing for their support of the Clay Target Shooting Program. I would also like to acknowledge our supporters Warragul Linen Service, Gippsland Printers and Barretta. Without the contributions of our sponsors, supporters and partners we would not be able to provide the services that we do.

2022 - 2023 is looking very positive with the continuation of the existing programs along with the challenge to explore new opportunities. I look forward to the future development of Gippsland athletes who aspire to a High-Performance Pathway in their chosen sport

Anita Pistrin

THE ACADEMY HONOURS ITS OLYMPIC, PARALYMPIC AND WORLD CHAMPIONSHIP ATHLETES:

Emily Beecroft

Ruby Storm

Ashley Delaney

Amanda Drennan

Lichelle Clarke

PATRON OF THE ACADEMY



Tim Forsyth

Official Patron of the Gippsland Sports Academy. Born in Mirboo North, Gippsland, Victoria. Elite High Jump Achievements.

AMBASSADORS OF THE ACADEMY

The Academy established an Ambassadors program in 2006. It aims to use the support of prominent sports people to promote the Academy as well as foster and encourage the development of Academy athletes.



Tim Matthews



Don Elgin

TIM FORSYTH OUTSTANDING ACHIEVEMENT AWARD

YEAR	AWARD WINNER	SPORT PROGRAM
2021	Chelsea Beechey	Clay Target Shooting
2020	Jordyn Cargill	Swimming
2019	Elayna Pistrin	Swimming
2018	Jack Stockdale	Clay Target Shooting
2017	Josh Charlton	Tennis
2016	Emily Beecroft	Swimming

DARRELL WHITE SPECIAL ACHIEVEMENT AWARD

YEAR	AWARD WINNER	SPORT PROGRAM
2021	Mackenna Whiteside	Netball
2020	Chris Axford	Volleyball
2019	Lachlan Chester	Volleyball
2018	Lily Kerrison Male	Netball
2017	Madelaine Galea	Netball

DAVID DRANE ENCOURAGEMENT AWARD

YEAR	AWARD WINNER	SPORT PROGRAM
2021	Alexandra Luders	Tennis
2020	Olivia Baillie	Swimming
2019	Jordan Johnston	Tennis
2018	Molly Cargill	Swimming
2017	Ben Grumley	Tennis
2016	Tatum Cotterell	Gymnastics

PHIL SHELLEY SPORTS DEVELOPMENT AWARD

YEAR	AWARD WINNER	SPORT PROGRAM
2021	Judi Buhagiar	Netball
2020	Keith Ferguson	Clay Target Shooting
2019	Brian Ford	Swimming
2018	Dave Jones	Clay Target Shooting
2017	Jackie Madden	Swimming
2016	Donna Rowand	Swimming

RIISING STAR AWARD

YEAR	AWARD WINNER	SPORT PROGRAM
2021	Chelsea Beechey	Clay Target Shooting
2017	Ruby Storm	Swimming
2016	Emily Beecroft	Swimming
2015	Mikaela Cornelissen	Swimming



TIM FORSYTH AWARD:

Chelsea Beechey

Clay Target Shooting



DARRELL WHITE AWARD:

Mackenna Whiteside

Netball



DAVID DRANE AWARD:

Alexandra Luders

Tennis



PHIL SHELLEY AWARD:

Judi Buhagiar

Netball

MORWELL BOWLING CLUB SWIMMING PROGRAM 2021/2022



Program Patron: Ashley Delaney

Coaching & Support Staff

Brian Ford	Coach Co-Ordinator
Leigh Nugent	Specialist Coach
Dean Gooch	Performance Coach
Dylan Muir	Performance Coach
Paul Myers	Performance Coach
Garry Cole	Development Coach
Andrew Goetz	Development Coach
Bianca Poxon	Development Coach

Advisory Panel

Jenni Lewis	GSA Board
Anita Pistrin	GSA EO
Brian Ford	Head Coach/Coach Coordinator
Dean Gooch	
Dylan Muir	
Paul Myers	

2021/2022 Morwell Bowling Club Swim Program Graduates

Emily Auteri	Mollie Dennis	Ash Nicholes
Joel Baillie	Zoe Dowler	Will Pendergast
Olivia Baillie	Josh Dwyer	Cooper Quaife
Jordyn Cargill	Callum Halloran-Lavelle	Teddy Ripper
Molly Cargill	Rahni Matheson	Nicolette Wight
Ashleigh Cunico	Sienna Matheson	

Annual Award Nominees for Swimming

<u>Tim Forsyth:</u>	Teddy Ripper
<u>David Drane:</u>	Rahni Matheson
<u>Phil Shelley:</u>	Michael Mihaly

Morwell Bowling Club Swimming

Program Report 2021/2022

The swimming program did not commence until November 2021 due to COVID and the associated lockdowns. Long may this be the last time we encounter pandemic conditions again!

Olympic 2004 and 2012 head coach Leigh Nugent was again heavily involved in leading the program with all the coaches in Gippsland. For the first time also the program had a Performance and Development group of athletes which worked together and separately in activities throughout the 3 sessions held at Traralgon and Warragul.

It was a tremendous benefit to the whole program having all the coaches and best swimmers in Gippsland work together and the feedback from the coaches was more of the same for 2022/23.

Major competitions of the year – Victorian Country Championships, Gippsland Championships, Victorian State Championships culminating in Australian Championships in April - were outstanding both with results and volume of medals. At the highest level we must commend 14 year old Teddy Ripper from Sale for winning silver in the 200m Breaststroke. Finals to Rhani Mathieson from South Gippsland Bass; Ash Nicholes, Molly Cargill, Olivia Baillie and Jordyn Cargill from Traralgon; and, Callum Halloran-Lavelle from Warragul was an improved and overall tremendous result for the program this year.

Thank you to the following staff and personnel who provided great assistance to the program this year:

Dean Gooch – Traralgon coach

Dylan Muir – South Gippsland Bass coach

Paul Myers – Warragul coach

Garry Cole – East Gippsland coach

Andrew Goetz – Sale coach

Bianca Poxon – Moe coach

Anita Pistrin – Academy EO – a pleasure to work with.

Morwell Bowling Club – a mighty benevolent organisation whom we treasure enormously for their support and sponsorship.

With a full year ahead of us we look forward to the 2022/23 swim season with the Academy both to grow the sport and to provide for the future champions in Gippsland swimming.

Brian Ford

Coaching Coordinator

TENNIS VICTORIA TENNIS PROGRAM 2021-2022



Coaching & Support Staff

Aidan Fitzgerald	Head Coach
Trent Morrow	Strength & Conditioning (Control High Performance)
Lauren Nicholls	Nutritionist (Hex Health)
Christopher Shen	Psychology

Advisory Panel

Darrell White	GSA Board
Anita Pistrin	GSA EO
Andrew Reynolds	Tennis Victoria
Bree Sharp	Tennis Victoria
Aidan Fitzgerald	Head Coach

2021/22 Tennis Victoria Tennis Program Graduates

Jessica Board	Chelsea Elliott	Kyra Manukau
Darcy Britt	Sen Goold	William Martin
Jacob Collison	Mia Goold	Samuel McGregor
Elayna Collison	Zara Littlejohn	Riley O'Brien
Keagan Cotterrell	Alexandra Luders	Eli Sims

Annual Award Nominees for Tennis

Tim Forsyth: Chelsea Elliott

David Drane: Alexandra Luders

Tennis Victoria Tennis

Program Report 2021

2021 we started to get back to some normality. The Tennis Academy Program nearly got in a whole year's worth of sessions, that found us in Traralgon, Sale, Bairnsdale, Leongatha but unfortunately, we missed out on Trafalgar. 16 athletes took part in the program that saw us working on variety of different themes from playing styles, mental reactions to different situations and working as a team and resilience.

We had a big emphasis on the year around getting back to tournaments. This involved learning to play matches again, preparation and recovery (thanks to Control High Performance), injury prevention and strapping from James Ingeri from Gippsland Physiotherapy Group Bairnsdale, and Lauren and Christopher for their Zoom sessions on psychology and nutrition. This saw them bounce back into competition quicker than expected and a lot of players getting some of their best results and career high Universal Tennis ranking (UTR) scores.

I would like to thank Control High Performance Fitness for their work throughout the year providing the tennis players with training schedules, conducting the fitness testing, they always go above and beyond. It's great having them on board. To Glen Kirstine on his guidance and advice with the US College system. To the Tennis Clubs allowing is the use of their facilities. Thanks to all the parents for their support of the program throughout the year and their willingness to spend hours in the car.

Lastly thankyou to the athletes. With hard work, passion, and desire to take that next step, these players have a very bright future ahead of them whether it be on or off the court. From a coach's perspective, I couldn't be prouder of all the athletes on what they have achieved this past year, and I look forward to seeing what they will achieve in the future.

Aidan Fitzgerald
Head Coach

VOLLEYBALL PROGRAM

2021/2022

Coaching & Support Staff

Luke Campbell	Head Coach
Nic Ryan	Assistant Coach
Chris Axford	Assistant Coach
Lauren Nicholls	Nutritionist (Hex Health)
Christopher Shen	Sport Psychologist (Christopher Shen Consulting)
Trent Morrow	Strength & Conditioning (Control High Performance)

Advisory Panel

Tania Ryan	GSA Board Member
Anita Pistrin	GSA EO
Luke Campbell	Head Coach
Nic Ryan	

2021/22 Volleyball Program Graduates

Connor Carmody	Scarlett Gerreyn	Josh Markum
Sienna Carruthers	Ayla Grbic	Jack Rawlings
Hamish Germaine	Jack Johnson	Jesse Rawlings
Seth Germaine	Matt Lloyd	

Annual Award Nominees for Volleyball

Darrell White: Jack Johnson

David Drane: Scarlett Gerreyn

Phil Shelley: Nic Ryan

Volleyball

Program Report 2021/2022

For the 2022 GSA Volleyball season, the coaches and admin team decided to take a slightly different path to our recent history.

We wanted to focus more on the quality of the athletes rather than number of the athletes. This led to a smaller, yet more skilful program and we think, better outcomes for the players.

Like programs everywhere, we struggled with continued and repeated quarantine for family members due to Covid and the frustrations that it can bring. But in the end we were thankful as coaches that we actually got the full season in this year.

Currently the state team trials are running and we have 3 athletes through to the named squads which is a great achievement as that equates to over 25% of our squad.

A big thanks to our team of supporting coaches this year. Long term coach Nic Ryan and former long term GSA athlete Chris Axford filled vital assisting roles in 2022. We also had a guest head coach, Andrew Papalaskaris from GMVA in Melbourne come down for one weekend when Luke was very ill. Also to our condition support by Trent and Sam for their work in our testing and delivering the program online and in the gym.

As we look towards 2023 program, we hope to retain all the little stars here tonight and expand out footprint with more quality athletes to make a bigger impact in State programs and beyond into the future.

Luke Campbell (Olympian)
Head Coach

THE DOC SHOP 'DARE TO DEVELOP A DIAMOND' NETBALL PROGRAM



Coaching & Support Staff

Judi Buhagiar	Head Coach
Sue Hawkins	Specialist Coach
Jo Ballinger	Assistant Coach
Jae Schuback	Assistant Coach
Carol Gregorovich	Assistant Coach
Angela Chittem	Assistant Coach
Sam Fenton	Strength & Conditioning (Control High Performance)
Trent Morrow	Strength & Conditioning (Control High Performance)
Lauren Nicholls	Nutritionist
Christopher Shen	Psychologist

Advisory Panel

Sandra Timmer-Arends	GSA Board
Anita Pistrin	GSA EO
Judi Buhagiar	Head Coach
Jo Ballinger	
Jae Schuback	

2021/22 Netball Program Graduates

Mia Ballinger	Indi Kellow	Katelyn Robinson
Emily Balzomeris	Kaylah Komen	Bonnie Sharp
Tillie Buhagiar	Jorja Landels	Imogen Smith
Ella Coulter	Ally-Rose Lynch	Claire Thorburn
Annalese Eastlake	Jessica MacGregor	Grace Van Tilburg
Ruby Fullgrave	Ava Melbourne	Maecy Wade
Maddie Fullgrave	Jasmine Norton	Mackenna Whiteside
Sofie Herman	Demi Radford	Kiera Witton
Addison Howe	Olivia Rees	Molly Young

Annual Award Nominees for Netball

Darrell White: Mackenna Whitesdie

David Drane: Grace Van Tilburg

Phil Shelley: Judi Buhagiar

The Doc Shop 'Dare to Develop a Diamond' Netball

Program Report 2021/2022

It was fabulous to see things slowly move back to how we knew them pre-covid.

As we continued to navigate our way through what we have now termed as the Covid hangover 12 athletes were offered a place in the Netball Victoria Talent Academy, the next step in the very successful and highly respected Netball Victoria Pathway. In addition to this we are continuing to see a consistent flow of athletes offered opportunities with clubs competing in the Victorian Netball League, the highest domestic netball competition in Victoria.

We had some exciting news recently, a former member of the Gippsland Sports Academy Development Program was selected to represent Australia in netball but...not the Diamonds the Australian Mens 23 & Under team.

Zac Mabilia from Wonthaggi was a member of the program in 2017, I am confident in saying we are the first regional academy to have these bragging rights, Zac was the first male athlete to be included in a Victorian Regional Academy of Sport netball program and whilst it very pleasing to see more boys being talent identified in the sport of netball Gippsland can forever say they were the first.

As Netball Victoria is working on the inclusion of men and boys work is also being done on Indigenous pathway, Netball Victoria is also working closely with First Nations people from around the State to assist and guide the development and inclusion through a more welcoming environment. One area identified was the need to have a member of community involved and available to any First Nation athletes who are members of the netball programs and I am incredibly proud of the proactive work from Gippsland Sports Academy in this space. We couldn't have come across a better advocate than Ange Chittem a proud traditional owner of Gunai Kurnai Country who was appointed by the GSA to a netball coaching role and an Indigenous Liaison in 2021, an accomplished coach Ange's support and guidance for our First Nations Athletes in the program has been invaluable.

Our team of coaches is recognised and highly respected for their commitment and integrity and I want to take this opportunity to thank Jo Ballinger, Jae Evans, Carol Gregorovich and Ange Chittem.

We also welcomed former Australian Diamond and English Roses coach Sue Hawkins. We are thrilled that Sue is part of our coaching team, delivering specialist sessions throughout the year. You know you are doing something right when someone of Sue's calibre sees value and purpose in your program.

And finally, thank you to the GSA for their support and continued increase in opportunities through the delivery of strength and conditioning sessions now located across a number of sites in Gippsland.

We continue to work closely with the GSA to review the purpose and measure outcomes, I know our netball program can confidently say the results are speaking for themselves,

Thank you

Judy Buhagiar
Head Coach

CLAY TARGET SHOOTING PROGRAM

2021/2022



Coaching & Support Staff

Andrew Brady	Head Coach
Adrian Cousens	Guest Coach
Trent Morrow	Strength & Conditioning (Control High Performance)
Sam Fentron	Strength & Conditioning (Control High Performance)
Christopher Shen	Psychologist
Lauren Nicholls	Nutritionist

Advisory Panel

Anita Pistrin	GSA EO
Jim Vivian	Board Member
Andrew Brady	Head Coach

2021/2022 Clay Target Shooting Program Graduates

Chelsea Beechey	Kaelem McCurdy
Andy Daly	Alicia McGrath
Liam Farley	Kira Waldron
Lucas Furlan	

Annual Award Nominees for Clay Target Shooting

Tim Forsyth: Chelsea Beechey

David Drane: Liam Farley

Phil Shelley: Adrian Cousens

Clay Target Shooting

Program Report 2021/2022

This year we had a squad of 7 athletes who shot trap, skeet & sporting.

The standouts for the year were.

Chelsea Beechey & Lucas Furlan being selected to represent Australia and Liam Farley being selected to represent Victoria.

All our athletes progressed well throughout the year and continually improved. We ran training sessions at 4 clubs across Gippsland, being the Traralgon Field & Game, Bairnsdale Field & Game, Korumburra ACTA & Bairnsdale ACTA, we thank all the host clubs for their hospitality as without their support completing our training sessions would not be possible.

We introduced advanced trap training into our program for the first time this year with great success from all 3 Athletes that took part in it, being Chelsea Beechey, Lucas Furlan & Liam Farley.

All our guest coaches played a huge role in our training sessions running smoothly, so we thank them all for their contribution, especially Adrian Cousens who has become a regular guest coach.

Thank you to everyone involved at the Gippsland Sports Academy for your continued support.

Andrew Brady
Head Coach

VRAS PARA-SPORT PROJECT

2021/2022



Coaching & Support Staff

Trent Morrow	Strength & Conditioning (Control High Performance)
Sam Fentron	Strength & Conditioning (Control High Performance)
Christopher Shen	Psychologist
Lauren Nicholls	Nutritionist

Advisory Panel

Anita Pistrin	GSA EO
Jim Vivian	Board Member
Scott Nicholas	Paralympics Australia

2021/2022 VRAS Para-Sport Project Graduates

Lochie Bellion	Para - Swimming
Melanie Diplock	Para - Equestrian
Will Firth	Wheelchair Basketball
Luke Missen	Para - Badminton
Beau Vernon	Para - Cycling
Kayla Wilson	Para - Swimming

VRAS Para-Sport Project

Program Report 2021/2022

Gippsland Sports Academy (GSA) and Paralympics Australia (PA) are collaborating with the Victorian Regional Academies of Sport (VRAS) to identify and support talented para-athletes across Regional Victoria, which has been made possible by the support of Sport & Recreation Victoria and the Together More Active funding program.

As part of the project, GSA now has six aspiring para-athletes with Individual Memberships to the Academy;

- Beau Vernon – Para-Cycling
- Kayla Wilson – Para-Swimming
- Lockie Bellion – Para-Swimming
- Luke Missen – Para-Badminton
- Melanie Diplock – Para-Equestrian
- Will Firth – Wheelchair Basketball

The project focuses on removing barriers for these athletes in regional areas by offering to access strength & conditioning support and education, whilst also receiving additional targeted support, and invitation to a performance pathways camp. The program aims to complement and elevate an athlete's current training program by building connection, and an understanding of the broader Paralympic Movement.

During the camp, which ran in September 2022 at the Essendon Football Club, athletes learnt more about the AIS Athlete Categorisation Framework, Support Services beneficial to their development, goal setting and learnt about what it means to be a Paralympian with Danni Di Toro, Jodi Elkington-Jones and Trevor Hirth. Then during a visit to the Victorian Institute of Sport, athletes took part in additional sessions about Nutrition, Performance Testing and Performance Lifestyle, as well as an intimate chat with Olympian and Paralympian Milly Tapper.

The program will continue in 2022-23.

Scott Nicholas
Participation & Pathways Co-ordinator (Vic/Tas)
Paralympics Australia

THE GIPPSLAND SPORTS ACADEMY PROUDLY ADMINISTERS THE GIPPSTAR AWARDS



Gippstar 2021/2022 Report

It is with great pleasure that I present the Gippstar Annual Report for the year ended June 2022.

The importance of these annual Gippstar Awards can never be under-stated. They have, over the years, provided the essential framework and opportunity to recognise and acknowledge the tremendous efforts and achievements by so many talented sportspeople from throughout Gippsland.

This opportunity is taken to extend appreciation to all those of our community who provided nominations throughout the year for consideration by our Gippstar Panel.

These long-standing and highly regarded Gippstar Awards continue to fulfil their role in recognising Gippsland's highly talented sporting community, and they provide, not only recognition of outstanding achievements, but also the inspirational examples for other Gippslanders to emulate into the future.

Our congratulations are offered to the tremendous and diverse Gippsland athletes who have been selected as this year's monthly Open and Junior Gippstar Award category winners.

One thing that is never taken for granted regarding these Gippstar Awards, is the on-going support, through financial contributions, from our six Gippsland Councils, namely, Latrobe City Council, Wellington Shire Council, Baw Baw Shire Council, East Gippsland Shire Council, Bass Coast Shire Council and South Gippsland Shire Council. This support continues to be essential for the on-going existence of these Gippstar Awards.

This year our annual Gippstar Awards evening was held at the Morwell Bowling Club on 29th September last. A key feature of the evening was announcement of this year's 2021/22 annual Gippstar Award Winners:

- Open Champion: Cohen Wade (Modern Pentathlon/Tetrathlon) from Stratford
- Junior Champion: Kayla Wilson (Para-Swimming) from Churchill
- Special Achiever: Chris Brew (Football/Netball Administration) from Lang Lang
- Team of the Year: Moe Under 13 Blue Netball Squad team
- Club of the Year: Seaspray Surf Life Saving Club
- Gippsland Champion: Jack White (Basketball) from Traralgon

The on-line Gippstar nominations feature on the GSA website, continues to be a convenient way for nominations to be received across all categories.

In conclusion, sincere appreciation is extended to all Gippstar Panel members who have "given time" and participated throughout the past year, assessing the many nominations received. The support and cooperation provided by the Gippsland Sports Academy Board, headed by Chairman Jim Vivian, together with CEO, Anita Pistrin and staff member, Tanya Veenman, has "anchored" another successful year for these prestigious Gippstar Awards.

Darrell White
Chairman, Gippstar Panel

Panel Members:

Shane Paynter, Davyd Reid, Judi Buhagiar, Rob Goldie, Brett Tessari, Rod Twinning, Ryan Evans, Brenton Dinsdale, Darrell White.



WE WOULD ALSO LIKE TO ACKNOWLEDGE ALL OF GIPPSLAND'S MEDIA FOR THEIR CONTINUED SUPPORT OF THE GIPPSTAR AWARDS

OPEN ANNUAL GIPPSTAR WINNERS

YEAR	AWARD WINNER	SPORT PROGRAM
2022	Cohen Wade	Modern Pentathlon/Tetrathlon
2021	Alex Vuillermine	Rowing
2020	Alex Vuillermine	Rowing
2019	Aislin Jones	ISSF Skeet & American Skeet
2018	Aislin Jones	ISSF Skeet & American Skeet
2017	Aislin Jones	ISSF Skeet & American Skeet

JUNIOR ANNUAL GIPPSTAR WINNERS

YEAR	AWARD WINNER	SPORT PROGRAM
2022	Kayla Wilson	Swimming
2021	Jordyn Cargill	Swimming
2020	Cohen Wade	Modern Pentathlon
2019	Sage Goldsbury	Surfing
2018	Ruby Storm	Swimming
2017	Ben Burchell	ISSF Skeet

GIPPSTAR TEAMS AWARDS

YEAR	AWARD WINNING TEAM
2022	Moe U13 Blue Netball Squad team
2021	No Nominations due to Covid
2020	Lindenow South A Grade Netball Team
2019	Gippsland U21 Male Cricket Team
2018	Moe Football Netball Club Under 16s Football Team
2017	Traralgon Swimming Club 12 and under State team

GIPPSTAR CLUB OF THE YEAR AWARDS

YEAR	AWARD WINNING TEAM
2022	Seaspray SLSC
2021	Stratford Football Netball Club
2020	Lindenow South FNC
2019	Gippsland Ranges Roller Derby
2018	Bairnsdale Golf Club
2017	Traralgon City Soccer Club

GIPPSTAR GIPPSLAND CHAMPIONS AWARDS

YEAR	AWARD WINNER
2021/22	Jack White, Basketball
2020/21	Sophie Molineux
2019/20	Peter Siddle, Cricket
2018/19	Cameron White, Cricket
2017/18	Jarryd Roughead, AFL

JUNIOR AWARD WINNER:

Kayla Wilson



OPEN AWARD WINNER:

Cohen Wade



CLUB OF THE YEAR:

Seaspray SLSC



TEAM OF THE YEAR:

Moe U13 Blue Netball Squad



SPECIAL ACHIEVER AWARD:

Chris Brew



GIPPSLAND CHAMPION AWARD:

Jack White



30 September 2022

INDEPENDENT REVIEW OF FINANCIAL REPORTS TO THE BOARD OF GIPPSLAND REGIONAL SPORTS ACADEMY INCORPORATED

SCOPE

I have reviewed the Financial Statements for the financial year ended 30 June 2022 being the Balance Sheet, Profit & Loss and Cash Flow Statement presented by the Academy.

No opinion is expressed as to whether the Academy's accounting policies are appropriate to the needs of the Academy.

The review has been conducted in accordance with the Australian Accounting Standards. The procedures included examination, on a test basis, of evidence supporting the amounts and other disclosure in the Financial Statements, and the evaluation of significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the Financial Statements are presented fairly so as to present a view which is consistent with the understanding of the Academy's financial position and performance represented by the results of its operations and its cash flows. The review opinion is expressed in this report has been formed on the above basis.

REVIEW OPINION

The Financial Statements of the Gippsland Regional Sports Academy present a true and fair view in accordance with the Academy's accounting policies. The Financial Position of the Gippsland Regional Sports Academy as at 30 June 2022 and the results of its operations and cash flow for the financial year ended.



JOHN BARCLAY
Principal
Pakenham Taxation & Accounting

Pakenham Taxation & Business Services Pty Ltd ACN: 070 826 500 "Liability limited by a scheme approved under professional standards legislation"



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