



Gippsland Sports Academy
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Information Sheet - 2025 Clay Target Shooting Program

Gippsland Sports Academy (GSA) will again run its Clay Target Shooting Program in 2025 with Andrew Brady as Head Coach. Andrew will be assisted with local coaches for this year.

Athletes offered a place in the squad will get the opportunity to attend 5 coaching days in 2025-26 and participate in Sport Science sessions provided by the GSA.

Dependant on registered numbers, we will continue with three squads at our training days:

- Trap
 - Skeet
 - Sporting
- All levels will be catered for

This program is a sub-elite level coaching program. It is intended to prepare athletes for events of a calibre to achieve results capable of national program selection, (eg ACTA Academy). As such there is a reasonable expectation that athletes (with parental assistance) will seek out and compete in events in their discipline at significant club events, interschool competition, all State and National Championships.

Additional attributes we are looking for in clay target athletes:

- Potential shown within clay target shooting since taking up the sport.
- Positive attitude towards learning new skills.
- Willingness to commit to training.

Athletes selected are expected to represent the GSA positively in coaching and competition, and may be required to wear GSA uniform when competing.

Please see below a brief overview of the program:

Induction Day	Date: Saturday 14th June
	Venue: TAFE Gippsland, Yallourn Campus, Newborough
	Time: 9.45am – 2.15pm
	Induction day is held for all GSA athletes .



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Sessions to be held	<p>Session 1 - Bairnsdale F&G - Saturday 26th July 2025.</p> <p>Session 2 - Korumburra ACTA - Sunday 24th August 2025.</p> <p>Victorian Inter Academy Training Day & Competition - Werribee Victorian CTC - Sunday 7th September 2025.</p> <p>Sessions 4 & 5 will be run in 2026 with dates and locations to be advised.</p> <p>(All training sessions start at 10am and finish at 3pm)</p> <p>ACE Day – 14th April 2026 : Sport Science sessions (school holiday program)</p>
Strength and Conditioning sessions	<p>Strength and Conditioning sessions will be:</p> <ul style="list-style-type: none"> ➤ Face to face - 1 session per month July 2025 – April 2026 ➤ Individual Home programs based on Musculo Skeletal screenings are given to each athlete and logged through TeamBuildr <p>This is a critical component of the program, attendance is expected.</p>
Musculo-Skeletal Screening	<p>All athletes new and returning must undergo a musculo-skeletal screening.</p> <p>We have partnered with Gippsland Physiotherapy Group (GPG), for our screenings.</p> <p>Upon acceptance of your invitation into the program, you will receive a phone call directly from GPG asking you to book an appointment at a location suitable to you.</p> <p>Cost for these screenings will be \$85</p>

Cost & Payment	<p>Final costs are determined by the final number of athletes that accept their position with the Academy. Costs per athlete for the 2025 program are estimated as follows:</p> <ul style="list-style-type: none"> - Athlete Levies \$390 (inc gst) - Uniform costs approx. \$96 Compulsory item - (Polo & Jacket). There is an option to purchase additional items - Shooting Vests approx. \$258 <p>A \$300 non-refundable deposit must be paid to the GSA prior to 13th June 2025</p> <p>Account Name: Gippsland Regional Sports Academy BSB: 313-140 Acc No: 12017329 Ref: Athlete Name</p> <p>Fees will be invoiced upon acceptance of your position in the program.</p> <p>Remainder of program to be paid by first session on 26th July 2025</p> <p>*NOTE: Final costs are determined by the final number of athletes that accept their position with the Academy.</p>
Sport Integrity Australia	<ul style="list-style-type: none"> • All athletes will have a presentation on Sport Integrity Australia <p>All athletes MUST complete the required Sport Integrity level:</p> <ul style="list-style-type: none"> - New athletes to complete Clean Sport 101 - 1st year Returning athletes to complete antidoping fundamentals - 2nd + year Returning athletes to complete annual update <ul style="list-style-type: none"> • The link is: https://elearning.sportintegrity.gov.au/login/index.php <p>Completion of Sport Integrity is a requirement by the Victorian Institute of Sport and Sport and Recreation Victoria and therefore must be completed to be eligible for graduation</p>
Uniform Requirements	<p>Uniform must be ordered – Polo and Jacket is the minimum requirement (if you do not already have one). Athletes are to wear their GSA uniform at all sessions. No Club uniforms are to be worn at GSA sessions.</p> <p>Link will be provided with invitation letter</p>

Expectations of Athletes	<p>Athletes are expected to attend all Academy activities, where possible, this involves committing to:</p> <ul style="list-style-type: none"> ➤ Attend all training sessions except athletes who have an agreement with the Head Coach to attend State or National opportunities. ➤ Follow the strength and conditioning program, including completing components at home. ➤ Attend other Academy functions such as: <ul style="list-style-type: none"> - ACE day 14th April 2026 - Awards evening 1st May 2026 <p>Be a registered member of Victorian Clay Target Association in 2025</p>
Friends of the Academy	<p>In order to offset costs the Academy has a program called 'Friends of the Academy'. This is a donation program whereby athletes seek support from local businesses and friends to contribute towards the costs. Further details will be given upon invitation into the program.</p>

To register your interest in the 2025 CTS Program please complete the form at the link below:

<https://tinyurl.com/3ntu4kcx>

or contact:

Andrew Brady 0434 266 239

or this office on:

Ph: 03 5127 0223

Email: rebeccw@sportgippsland.org.au

Yours truly



Anita Pistrin
Executive Officer
Gippsland Sports Academy