



Gippsland Sports Academy
P.O Box 282 Newborough
Victoria 3825
tel: (03) 5127 0223
email: anitap@sportgippsland.org.au
www.sportgippsland.org.au

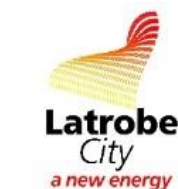
Information Sheet - 2026 Netball Program

Gippsland Sports Academy (GSA) will again run its Netball Program in 2026

Athletes will be selected for 1 of 2 squads – Dare to Develop a Diamond (Diamond) or Development (Dev)

Please see below a brief overview of the program:

Induction Day	Date: 7 th December 2025 Time: 9.00am – 1.00pm Development 9.00am – 3.00pm Diamond includes Fitness Test (registration from 8.30am)
Acceptance of Offer	An Invitation letter will be sent to successful athletes by no later than Friday 21 st November Enquiries: Jude Bergmann – judeb@sportgippsland.org.au Phone: (03) 51270174
Uniform Requirements	Diamond - A full uniform is required to be ordered - polo, short, jacket and pants, if you do not already have one. Development - Uniform required to be ordered – polo & shorts, if you do not already have one. All other items are optional. Athletes are to wear their GSA uniform at all sessions. No Club uniforms are to be worn at GSA sessions. Additional optional merchandise items are also available to purchase Uniform is to be ordered, and paid for, online Uniform link is available on GSA webpage



TAFE GIPPSLAND

INVESTING IN ATHLETE EXCELLENCE



Sessions to be held	Training dates as follows:		
	Diamond		
	Date	Time	Venue
	Sunday 7th Feb	9.30am-1.30pm	Newborough Outdoor
	Sunday 7th March	10am- 1.30pm	Sale Outdoor
	Friday 20th or Sunday 22nd March	6pm-8pm	Bairnsdale Outdoor
	Friday 22nd or Sunday 24th May	5:30pm-8pm	Sale
	Sunday 24th May	From 12pm	Casey Stadium
	Friday 19th or Sunday 21st June	6pm-8pm	Churchill
	Sunday 2nd August	10am-1.30pm	Churchill
	October - TBC	TBC	TBC
	October - TBC	TBC	Parkville
	ACE Day – 14 th April 2026		
Strength and Conditioning sessions	DIAMOND ONLY • 2 x Fitness Testing sessions • 2 x Face to face session - S & C sessions to be held in Bairnsdale, Sale, Traralgon & Warragul (based on athlete home address) from Feb – Nov 2026 • Individual Home programs based on Musculo Skeletal screenings and logged through TeamBuildr This is a critical component of the program, attendance is expected.		
Musculo-Skeletal Screening	DIAMOND ONLY All athletes new and returning who have not been assessed in the past 12 months must undergo a Musculo-skeletal screening. *More information will be supplied in the athlete invitation		

Cost & Payment	To be advised in invitation letter Levy does not include uniform costs or travel costs. Fees will be invoiced upon acceptance of your position in the program *NOTE: Final costs are determined by the final number of athletes that accept their position with the Academy.
Sport Integrity Australia (ASADA)	DIAMOND ONLY • All athletes will have a presentation on Sport Integrity Australia • All athletes MUST complete the required Sport Integrity Australia level: - New athletes to complete Clean Sport 101 - 1st year athletes to complete level 1 - 2nd + year Returning athletes to complete level 2 • The link is: https://elearning.sportintegrity.gov.au/login/index.php Completion of Sport Integrity is a requirement by the Victorian Institute of Sport and Sport and Recreation Victoria and therefore must be completed to be eligible for graduation.

Expectations of Athletes	Athletes are expected to attend all Academy activities, where possible, this involves committing to: ➤ Attend all training sessions except athletes who have an agreement with the GSA Head Coach to attend State or National opportunities. ➤ Follow the strength and conditioning program, including completing components at home & face to face sessions. ➤ Attend other Academy functions such as: - ACE Day April 14th 2026 - Awards evening Friday 7th May 2027 ➤ The coaches are contracted to review and gauge the athlete's progress. If the coaches are adamant that an athlete is disruptive to the group or not suited for the program, then the Academy has the right to revoke that athlete's membership ➤ Register as a member of Netball Vic
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